

EASTSIDE SHARKS

2010

TRACK & FIELD REGISTRATION INFORMATION

www.eastsidesharks.com

WHO: Girls and Boys ages 8 to 18 (Ages as of 12-31-10)

WHEN: (May, June and July)

WHERE: La Follette High School Track/Field Facility

LEVELS OF COMPETITION:

Bantam	10 and under	Girls/Boys
Midget	12 and under	Girls/Boys
Youth	14 and under	Girls/Boys
Intermediate	16 and under	Girls/Boys
Young	18 and under	Girls/Boys

PROGRAM OBJECTIVES:

1. The track and field program will include instruction and skill development drills in all track and field events. (Hurdling, jumping, throwing, sprints, middle and long distance running, etc.)
2. The athletes will have the opportunity to compete in the local area and state meets. Upon qualification at state meets, the track athlete will be entitled to compete in national regional meets. Upon qualification at the regional meets, the track athlete qualifies for the national meets.

PRACTICE/MEET SCHEDULE: (Check Web Site: www.eastsidesharks.com)

June/July - Practice (Week days - Dates and Times - TBA)
- Meets (2010 Track & Field Schedule)

EQUIPMENT RENTAL:

Uniforms
Field event implements

**NOTE: All equipment used
(Sharks/LHS) must
be returned at the
end of the season.**

RENTAL/REGISTRATION FEE: (Grade completed this past school year)

\$ 95.00 per athlete (Elementary/ Middle School Students)

\$ 50.00 per athlete (High School Students)

Note: **Individual meet fees are extra*

EASTSIDE SHARKS TRACK/FIELD ACTIVITY COORDINATOR

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