

EASTSIDE SHARKS

2009

TRACK & FIELD REGISTRATION INFORMATION

www.eastsidesharks.com

WHO: Girls and Boys ages 8 to 18 (Ages as of 12-31-09)

WHEN: (May, June and July)

WHERE: La Follette High School Track/Field Facility

LEVELS OF COMPETITION:

Bantam	10 and under	Girls/Boys
Midget	12 and under	Girls/Boys
Youth	14 and under	Girls/Boys
Intermediate	16 and under	Girls/Boys
Young	18 and under	Girls/Boys

PROGRAM OBJECTIVES:

1. The track and field program will include instruction and skill development drills in all track and field events. (Hurdling, jumping, throwing, sprints, middle and long distance running, etc.)
2. The athletes will have the opportunity to compete in the local area and state meets. Upon qualification at state meets, the track athlete will be entitled to compete in national regional meets. Upon qualification at the regional meets, the track athlete qualifies for the national meets.

PRACTICE/MEET SCHEDULE: (Check Web Site: www.eastsidesharks.com)

June/July - Practice (Week days - Dates and Times - TBA)

- Meets (2009 Track & Field Schedule)

EQUIPMENT RENTAL:

Uniform Top, Track & Field events equipment

NOTE: All equipment used is the property of the Eastside Sharks/LHS and must be returned at the end of the season.

RENTAL/REGISTRATION FEE: (Grade completed this past school year)

\$ 95.00 per athlete (Elementary/ Middle School Students)

\$ 50.00 per athlete (High School Students)

Note: **Individual meet fees are extra*

EASTSIDE SHARKS TRACK/FIELD ACTIVITY COORDINATOR

John Neuman (Home 206-7660) (Work 204-3678)

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